

Publications

- Blumenthal, J. A. (1999) 'Effects of exercise training on older patients with major depression', *Archives Internal Medicine*, Vol. 159, No. 19, October, pp2349-2356
- Martin, G. L., Tkachuk, G. A. (1999) 'Exercise Therapy For Patients With Psychiatric Disorders: Research And Clinical Implications', *American Psychological Association*, Vol. 30, No. 3, June, pp275-282
- Pelling, N. (2003) 'Biopsychosocial Activities as Adjuncts in the treatment of depression and anxiety', *Psychotherapy in Australia*, Vol. 9, No. 4, August, pp30-34
- Singh, N. A., Clements, K. M., Fiatarone, M. A. (1997) 'A Randomised Controlled Trial Of Progressive Resistance Training In Depressed Elders', *Journal Of Gerontology, MEDICAL SCIENCES*, Vol 52A, No. 1; M27-M35
- Singh, N.A., Clements, K.M., Fiatarone, M.A. (2002) 'The Efficacy Of Exercise As A Long-Term Antidepressant In Elderly Subjects: A Randomised Controlled Trial', *Journal of Gerontology, MEDICAL SCIENCES*, Vol 56A, No. 8; M497-M504